

Why You Shouldn't Eat Your Boogers: And Other Useless or Gross Information About the Human Body

From the bestselling author of *The Book of Useless Information* comes a hilarious and informative look at the human body that will leave you laughing and learning.

Did you know that your brain is made up of 75% water? Or that your fingernails grow faster than your toenails? And did you know that you produce about a quart of saliva every day?



Why You Shouldn't Eat Your Boogers and Other Useless or Gross Information About Your Body

by Francesca Gould

★★★★☆ 4.5 out of 5

Language : English
File size : 3461 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 244 pages
Screen Reader : Supported



These are just a few of the fascinating and disgusting facts you'll learn in *Why You Shouldn't Eat Your Boogers*. This book is packed with useless but entertaining information about the human body, from our weirdest habits to our grossest bodily functions.

You'll learn:

- Why you shouldn't eat your boogers
- How much hair you lose every day
- The size of your average poop
- How long it takes for your food to digest
- And much more!

So if you're looking for a book that will make you laugh, learn, and grossed out, then look no further. *Why You Shouldn't Eat Your Boogers* is the perfect book for you.

Free Download your copy today!

Why You Shouldn't Eat Your Boogers

There are a lot of reasons why you shouldn't eat your boogers. For one, they're full of bacteria. In fact, one study found that the average booger contains over 100 million bacteria. That's more bacteria than you'll find on a public restroom doorknob.

Eating your boogers can also lead to other health problems, such as:

- **Ear infections:** Eating your boogers can push bacteria into your Eustachian tubes, which can lead to ear infections.
- **Sinus infections:** Eating your boogers can also push bacteria into your sinuses, which can lead to sinus infections.

- **Upset stomach:** Eating your boogers can also upset your stomach, since they're full of bacteria and other stomach-irritating substances.

So, if you're looking for a healthy snack, reach for something else instead of your boogers.

Other Useless or Gross Information About the Human Body

In addition to the information about boogers, *Why You Shouldn't Eat Your Boogers* also contains a wealth of other useless or gross information about the human body, such as:

- The fact that your fingernails are made of keratin, the same material that makes up hair and horns.
- The fact that your toenails grow faster than your fingernails.
- The fact that you produce about a quart of saliva every day.
- The fact that your stomach acid is strong enough to dissolve metal.
- The fact that your intestines are about 25 feet long.
- The fact that you have about 100,000 hairs on your head.
- The fact that you lose about 50 hairs every day.
- The fact that your skin is the largest organ in your body.
- The fact that your liver is the largest internal organ in your body.
- The fact that your heart beats about 100,000 times a day.
- The fact that you breathe about 20,000 times a day.
- The fact that you blink about 15,000 times a day.

- The fact that you spend about a third of your life asleep.

And that's just the tip of the iceberg. *Why You Shouldn't Eat Your Boogers* is full of fascinating and disgusting facts that will keep you entertained and informed.

Free Download your copy today!



Why You Shouldn't Eat Your Boogers and Other Useless or Gross Information About Your Body

by Francesca Gould

★★★★☆ 4.5 out of 5

Language : English

File size : 3461 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 244 pages

Screen Reader : Supported



Very Short Introductions: A Gateway to Knowledge Unleashed

In the realm of academia, where vast oceans of information await exploration, Very Short s (VSIs) emerge as a beacon of clarity and accessibility. These concise yet...



Born on the Third of July: An Unforgettable Journey of Resilience, Courage, and Hope

Born on the Third of July is a powerful and poignant memoir that chronicles the author's experiences as a young man drafted into the Vietnam War and...