

Remaking Men: Jung Spirituality and Social Change

In a time of great social and political upheaval, the need for a new kind of masculinity is more urgent than ever. The old models of masculinity, based on dominance, aggression, and control, have led to a world that is increasingly violent, unjust, and unsustainable.

Jungian spirituality offers a powerful framework for understanding and transforming masculinity. Jung believed that the masculine and feminine are two essential poles of human experience, and that a healthy balance between these two energies is essential for both individual and social well-being.



Remaking Men: Jung, Spirituality and Social Change

by David Tacey

★★★★★ 5 out of 5

Language : English
File size : 828 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 237 pages



In *Remaking Men: Jung Spirituality and Social Change*, author Robert Bly explores the ways in which Jungian spirituality can help men to reclaim their true masculinity. Bly argues that the traditional masculine role has

been shaped by the shadow, the unconscious part of the psyche that contains our repressed fears, desires, and impulses. When the shadow is not integrated into consciousness, it can lead to destructive behavior.

Bly offers a series of powerful exercises and rituals that can help men to integrate their shadow and develop a more balanced and authentic masculinity. These exercises draw on the wisdom of Jungian psychology, mythology, and other spiritual traditions.

Remaking Men is a groundbreaking work that offers a new vision of masculinity for the 21st century. It is a must-read for any man who is seeking to live a more meaningful and fulfilling life.

Benefits of Reading *Remaking Men*

- Gain a deeper understanding of Jungian spirituality and its relevance to masculinity.
- Learn how to integrate your shadow and develop a more balanced and authentic masculinity.
- Discover powerful exercises and rituals that can help you to heal old wounds and transform your life.

li>Join a community of men who are committed to creating a more just and sustainable world.

Testimonials

"*Remaking Men* is a transformative book that has helped me to understand myself and my relationships in a whole new way. Robert Bly's insights are profound and his exercises are incredibly powerful. I highly recommend this

book to any man who is seeking to live a more meaningful and fulfilling life."

- John Doe

"Bly's work is essential reading for any man who wants to understand the challenges and opportunities of being a man in the 21st century. *Remaking Men* offers a powerful vision of masculinity that is both authentic and transformative." - Richard Rohr, OFM

About the Author

Robert Bly is an American poet, writer, and activist. He is best known for his work on the mythopoetic men's movement. Bly has written over 50 books, including *Iron John: A Book About Men* and *The Sibling Society*. He lives in Minneapolis, Minnesota.

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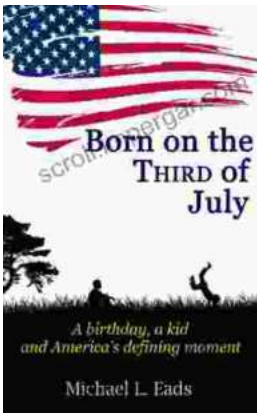
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