

Feelings Story In Seasons: A Journey Through the Emotions

Feelings Story In Seasons is a beautifully illustrated children's book that explores the different emotions we experience throughout the year. From the joy of spring to the sadness of winter, this book helps children to understand and cope with their emotions.



Feelings: A Story in Seasons by Manjit Thapp

★★★★☆ 4.8 out of 5

Language : English

File size : 72415 KB

Screen Reader : Supported

Print length : 385 pages



The book follows the story of a young girl named Lily as she experiences the changing seasons. In the spring, she is full of joy and energy. She loves to play outside and explore the new flowers and animals. In the summer, she enjoys spending time with her friends and family. She goes swimming, plays games, and has picnics.

In the fall, Lily begins to feel a sense of sadness as the leaves change color and the days get shorter. She misses playing outside and spending time with her friends. In the winter, she feels lonely and isolated. She spends most of her time indoors, reading books and watching TV.

As the seasons change, so do Lily's emotions. She learns that it is okay to feel different emotions and that everyone experiences them at some point in their lives. She also learns that there are ways to cope with difficult emotions, such as talking to someone you trust or spending time in nature.

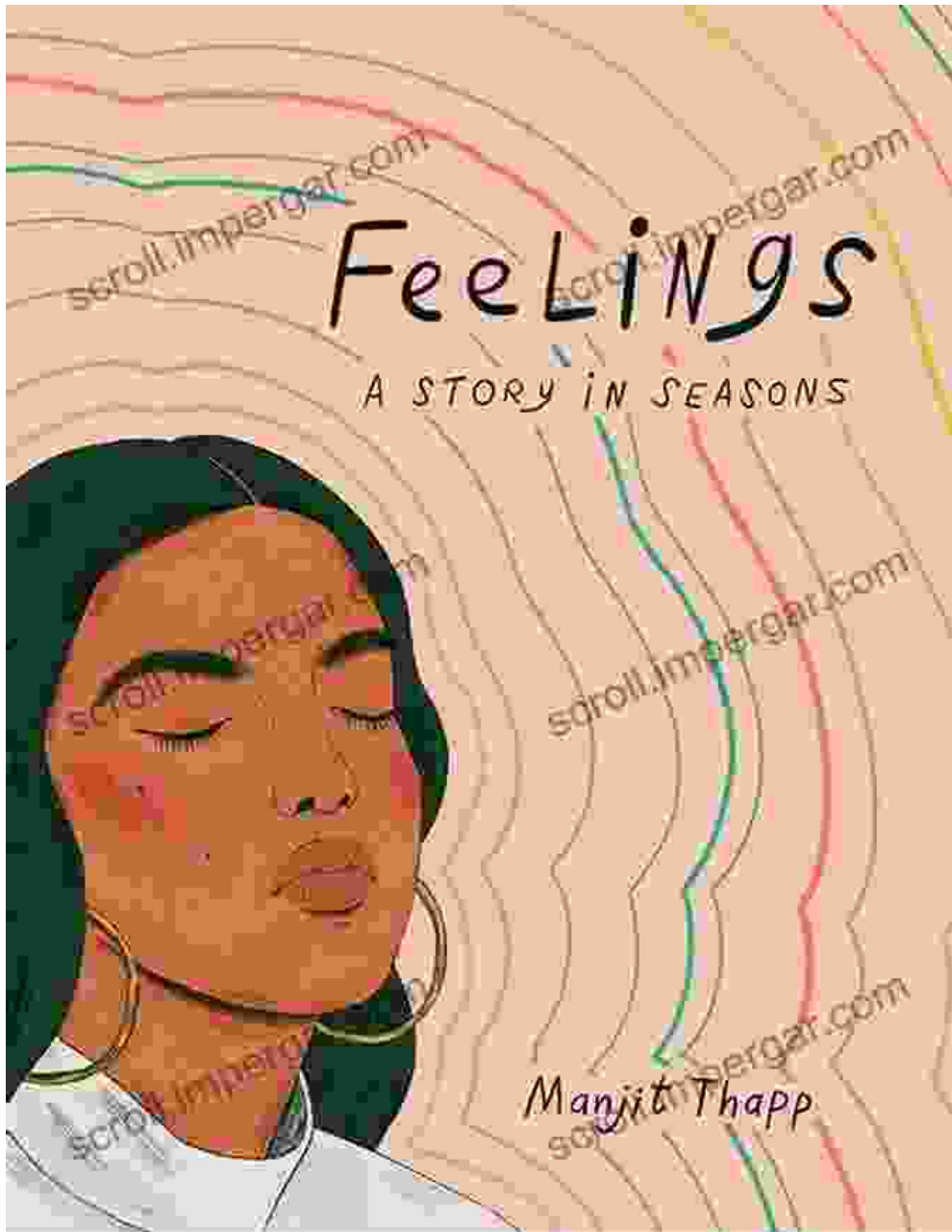
Feelings Story In Seasons is a valuable resource for children and parents alike. It provides a gentle and supportive way to talk about emotions and mental health. The book can help children to understand and cope with their own emotions, and it can also help parents to support their children's emotional development.

Benefits of Feelings Story In Seasons

- Helps children to understand and cope with their emotions
- Provides a gentle and supportive way to talk about mental health
- Can help parents to support their children's emotional development
- Is beautifully illustrated and engaging for children
- Makes a great gift for children of all ages

Free Download Your Copy Today!

Feelings Story In Seasons is available now on [Our Book Library.com](https://www.ourbooklibrary.com). Free Download your copy today and start helping your child to understand and cope with their emotions.



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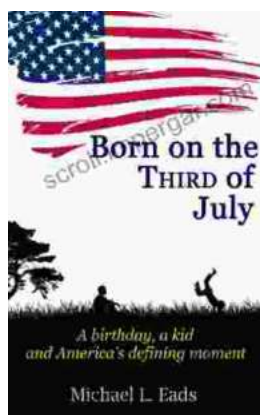
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