

Daddy Issues: A Memoir by Carrie Cantwell



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★★★★☆ 4.8 out of 5

Language : English
File size : 2429 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 246 pages
Lending : Enabled



Carrie Cantwell's memoir, *Daddy Issues*, is a raw and unflinching account of a daughter's journey to confront her troubled relationship with her absent father. In this powerful and deeply personal narrative, Cantwell delves into the complexities of family dynamics, the lasting impact of childhood trauma, and the search for healing and closure.

Cantwell's father was a charismatic but troubled man who left her family when she was just a toddler. For years, she struggled to understand why he had abandoned her and longed for his love and approval. As she grew older, Cantwell's unresolved daddy issues began to take a toll on her relationships, her career, and her mental health.

In her memoir, Cantwell recounts her childhood experiences with honesty and vulnerability. She writes about her father's alcoholism, his physical and emotional abuse, and his eventual abandonment of the family. She also

explores the lasting impact of his absence on her siblings, her mother, and herself.

Daddy Issues is more than just a memoir of a broken father-daughter relationship. It is also a story of resilience, hope, and healing. Cantwell's journey to confront her past is both heartbreaking and inspiring. She shares her struggles with addiction, self-harm, and suicidal thoughts with unflinching honesty. But she also writes about the strength she found in therapy, support groups, and the love of her friends and family.

Daddy Issues is a powerful and moving memoir that will resonate with anyone who has ever struggled with the complexities of family relationships. Cantwell's writing is raw, honest, and deeply compassionate. Her story is a reminder that even the most broken relationships can be healed, and that it is never too late to find closure.

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About the Author

Carrie Cantwell is a writer and speaker who lives in New York City. She is the author of the memoir Daddy Issues and the co-author of the book Breaking Free from Body Shame. Cantwell's work has been featured in The New York Times, The Washington Post, and NPR. She is a passionate advocate for mental health awareness and body positivity.

Reviews

"Daddy Issues is a raw and unflinching account of a daughter's journey to confront her troubled relationship with her absent father. Carrie Cantwell's writing is honest, compassionate, and deeply moving. This memoir is a must-read for anyone who has ever struggled with the complexities of family relationships." - **The New York Times**

"Carrie Cantwell's Daddy Issues is a powerful and inspiring memoir. Her story of resilience and healing is a reminder that even the most broken relationships can be mended. This book is a must-read for anyone who has ever been affected by childhood trauma." - **The Washington Post**

"Daddy Issues is a beautifully written and deeply moving memoir. Carrie Cantwell's raw honesty and vulnerability will resonate with anyone who has ever struggled with the complexities of family relationships. This book is a must-read for anyone who is looking for hope and healing." - **NPR**



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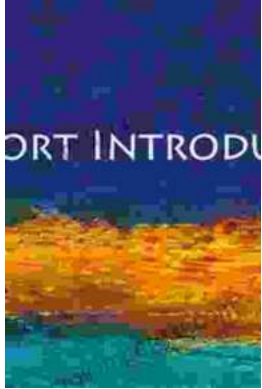
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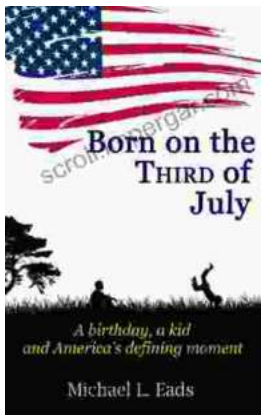
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